

Federation of Window Cleaners
One-Day IOSH Health & Safety Awareness Course
Syllabus

09.30 Introduction and welcome

- ◆ Causes of Accidents
- ◆ Accident prevention and reporting
- ◆ Human factors in health and safety
- ◆ Legislation framework and managing contracts
- ◆ The Management of Health and Safety at Work Regulations 1999

Break

- ◆ Hazard identification exercise
- ◆ Risk Assessment process and practical exercises – *now incorporating a session on the use and completion of the Risk Assessment Form.*

- ◆ Multiple-choice IOSH Question paper 1

12.30 – 1.15pm

LUNCH BREAK

- ◆ Method Statements
- ◆ Safe use of cleaning chemicals
- ◆ Manual handling
- ◆ Ladder safety
- ◆ Working at heights
- ◆ Lifting equipment

3.15 – 3.30 Break

- ◆ Risk assessment project – IOSH paper 2

- ◆ Course review and evaluation

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The IOSH Working Safely programme includes sessions in the morning on accidents (prevention and reporting), Legal duties for employer and employee, developing a safety culture, practical risk assessment including a session on the use and completion of the Risk Assessment form.

There are lots of benefits to having a formal health & Safety training certificate – it not only helps win more business especially with Public Bodies such as local authorities and NHS Trusts where you can show your company carries out risk assessments and has health and safety aware staff, but it can also have a positive effect on reducing accidents and ill health. Cost **£65.00** per delegate includes Certificate & Lunch on the day.

2009 VENUE & COURSE DATES

STOCKPORT:

Monday 9th February/ Monday 30th March/ Monday 11th May/ Monday 22nd June

**TO RESERVE YOUR SEAT - CONTACT THE FEDERATION ON:
TELEPHONE: 0161 432 8754 E-mail: info@f-w-c.co.uk**